

NCC NAVY ANNUAL REPORT -2021-22

DCT's Dhempe College started the NCC Naval Unit in college. The Unit is attached to 1 Goa Naval Unit, Peddem, Goa. This year 17 cadets which includes 10 SW and 7 SW were enrolled. Dr. Mamata Kumari is caretaker for NCC Naval Unit. NCC regular drill practice and theory classes are conducted on Friday and Saturday of every week.

The following are the reports of the activities:

October 2021

- NCC Naval Unit of DCT's Dhempe College of Arts & Science attended the “**Walkathon and Eat Right Mela**” held on **23.10.2021** organized by Directorate of Food and Drugs Administration (FDA) under Azadi Ka Amrit Mahotsav. The walkathon started at 7:30 am from Miramar Circle Panaji. NCC cadets walked from Miramar Circle to Kala Academy and back to Miramar Circle via St. Inez, Panaji –Goa. After the walkthon they attended “Eat Right Mela “at 11:00 am held at Inox Panaji. The Cadets were informed about the benefits of walking and eating right food. Assistant Professor Dr. Mamta Kumari and Assistant Professor Rashmi Naik along with 17 NCC Naval cadets (10 SD and 7 SW) participated in the event.



Walkathon start at Miramar Circle



Eat Right Mela at Inox Panaji

December 2021

- Organized plastic awareness drive around Miramar and Donapaula area on **1st Dec 2021**. 11 SW and 6 SD cadets took part. NCC cadets prepared handmade paper bags and cloth bags and distributed it to the vendors and shopkeepers and made them aware of the harm it causes to the environments. The NCC cadets also encouraged the students of Dhempe College to avoid using plastic and took the pledge to minimise its use.



Cadets distributing paper bags and cloth bags to vendors



Students taking pledge to reduce the use of plastic bags.

- As a part of NCC day celebration the NCC cadets of naval unit attended the sailing event on **2nd December 2021**. All were briefly introduced to the 27 DK (Drop keel) whaler boat and also taught how it works and what are the main parts of the boat called and their functions. We were also made aware about the responsibilities and how much alert one should be when at the sea. After that all NCC Navy cadets and staff visited to Hawaii beach to remove the human footprints of plastic and other garbage from the beach. On return all the theory part the cadets were taken for a ride at sea on small rafts. It was a good, valuable and educational event.



Beach Cleaning of Hawaii Beach - Donapaula



Cadets participating in sailing

- Goa Liberation Day is observed on **19 December** every year in India and it marks the day Indian armed forces freed Goa in 1961 following 450 years of Portuguese rule. As the part of 1 Goa Naval Unit NCC Naval Unit cadets participated in Goa Liberation Day celebration (**19.12.2021**) at campal Panaji. Cadets performed a Mussal Dance, A dance-cum-song in honor of valiant kings, Mussal-Khel-Pestel, also known as Mussal Dance, was introduced in Goa by the Kadambas.



Mussal Dance Cadets with CM Dr. Pramod Sawant at Campal

January 2022

- As a part of Fit India movement NCC cadets performed Surya Namaskar on 14th January 2021 .



Certificate of participation from Ministry of Aysuh Government of India



Cadets performing “Surya Namaskar”

April 2021

- NCC cadets cleaned the Hawaii beach and Miramar beach on 4th April 2021.



Miramar Beach and Hawaii Beach Cleanliness Drive

June 2022

- On 2nd June 2022 NCC cadets cleaned Hawaii Beach



Hawaii Beach Cleanliness Drive

- On 3rd June 2022 4 NCC cadets participated in the cyclothon organized by Director of Sports and Youth Affair



Cadets with finishers certificate and medal -Cyclothon Event

- 3 cadets Sachin, Kareena and Shivdutt made poster on 13 June 2022 to be forward for flag area theme for RDC 2023 on the theme Education and Youth Affairs.



Poster on theme "Education and Youth Affairs"

- NCC Naval Unit cadets celebrated International Yoga Day Celebration on **21st June 2022** at college Gymkhana. Cadets performed various asanas and pranayama.



NCC Naval Unit Cadets-International Yoga Day

- Cadets took fight against drug pledge on **26th June 2022**.



Certificates of participation for fight against drug pledge.