



**Dempo Charities Trust
Dhempe College of Arts &
Science
Miramar, Panaji, Goa.**

Department of Physical Education & Sports

Students Achievements at National and State Level Championship 2023-24

❖ National Level

- Ms. Vaibhavi Ugadekar Secured Second Place in powerlifting in 43kg Sub Junior weight category at West India Women's Classic Powerlifting Championship 2023 held at Madgaon, Goa from 27th to 29th September 2023.

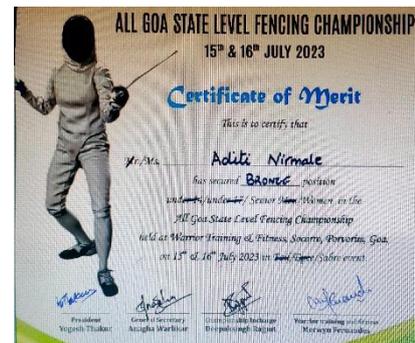


❖ State Level

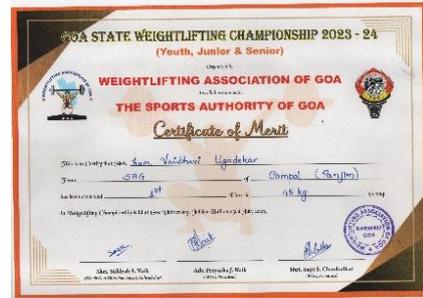
- Our College Swimming Team (Men) emerged Winners with 4 Gold medals at the Inter-Collegiate Swimming Championship 2023-24 for men organised by Goa University held on 04th August 2023 at SAG Swimming Pool Campal, Panaji-Goa. Mr. Aryan Sharma of FYBA also won the Best Swimmer Award



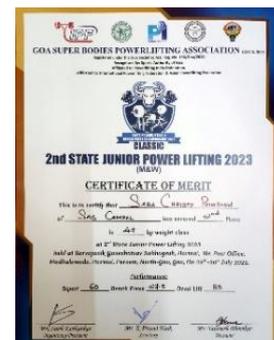
- Ms. Aditi Nirmale of TYBA won Bronze medal at All Goa State Level Fencing Championship organized by Warrior Training & Fitness under the aegis of The Goa Fencing Association held on 15th & 16th July 2023 at Warrior Training & Fitness, Soccero, Porvorim-Goa.



- Ms. Vaibhavi Ugadekar of F.Y.B.A. and Ms. Sara Prinson won Gold medal and Silver medal respectively at Goa State Weightlifting Championship 2023-24 organized by Weightlifting Association of Goa in collaboration with The Sports Authority of Goa held on 23rd July 2023 at Jubilee Hall, Goa University.



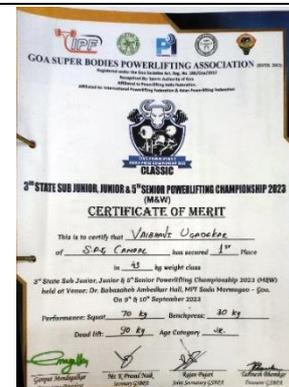
- Ms. Sara Prinson of S.Y.B.A. won 2nd Place in 47 kg weight class at 2nd State Junior Power Lifting 2023 organised by Goa Super Bodies Powerlifting Association held on 29th & 30th July 2023 at Sarvajanic Ganeshotsav Sabhagruh, Harmal, Pernem.



- Ms. Vaibhavi Ugadekar of F.Y.B.A. won Gold medal at Khelo India ASMITA organized by Weightlifting Association of Goa in collaboration with Sports Authority of India held on.



- Ms. Vaibhavi Ugadekar of F.Y.B.A. won 2nd Place in upto and including 47 kg weight class at 1st Inter-Collegiate Raw Powerlifting Championship (Women) organised by VVM's Shree Damodar College of Commerce & Economics, Margao held on 4th September 2023 at Damodar College, Margao.



- Ms. Vaibhavi Ugadekar of F.Y.B.A. won 1st Place in upto and including 43 kg weight class at State Junior Powerlifting Championship 2023 organised by Goa Super Bodies Powerlifting Association held on 9th & 10th September 2023 at Dr. Babasaheb Ambedkar Hall, MPT Sada Mormugao-Goa.



- Mr. Punit Khandeparkar of TYBA secured Bronze medal at the Inter-Collegiate Athletics Championship (Men & Women) 2023-24 organized by Goa University from 23rd to 25th January 2024 at SAG Athletic Stadium, Bambolim.



- Ms. Vaibhavi Ugadekar secured Bronze medal at Inter-Collegiate Powerlifting Championship (Women) 2023-24 held from 12th to 14th September 2023 at Jubilee Hall, Goa University.



- Our College Best Physique team participated at the Inter-Collegiate Best Physique Championship (Men) 2023-24 held on 15th September 2023 at Jubilee Hall, Goa University. Mr. Rohit Gop of T.Y.B.A. won Second Place in upto and including 70kg. Mr. Guruprasad Ghadi of F.Y.B.Sc. won third Place in upto and including 60kg



- Our college Table Tennis team (Women) Secured 3rd place at the Inter-Collegiate Table Tennis Championship 2022-23 organized by Goa University from 18th to 21st July 2023 at SAG Campal, Panaji



- Our College Chess Team secured Third Place at the Inter-Collegiate Chess Championship 2023-24 organised by Goa University on 1st & 2nd August 2023 at Sridora Caculo College, Mapusa.



- Mr. Rahul Naik of T.Y.B.Sc. won Third Place at the Inter-Collegiate Taekwondo Championship (Men) 2023-24 held from 04th to 07th September 2023 at Jubilee Hall, Goa University.

